

Spladle

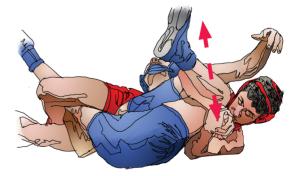


3. With Wrestler B head trapped inside, the nearside leg vined and the far side leg pulled up, Wrestler A pulls Wrestler B over into near fall criteria.

4/4a. Opposite side view for officials to recognize spladle leg splits



Knee has to be taken between earguard/ shoulder of defensive wrestler to be legal



NOTE: If Wrestler A starts to pull the leg outside the range of the ear guard it becomes potentially dangerous. Stop immediately. If the leg is continued to be forced wider, it is an illegal maneuver and must be penalized.