

DIFFICULTY	3.0				
EVENT REQUIREMENTS	1.0				
COMPOSITION	0.6				
EX / AMP / DYNAMICS	4.6				
BONUS	0.8				
AHS (.2 ea/up to .4)					
HL BBS (.2)					
LL BBS (.1 ea/up to .2)					
2nd HL BBS (.2)					
3rd AHS (.2)					
Neutral / CJ Deductions					
SCORE	J1				
	J2				
AVERAGE					

COMPOSITION
BARS
↑.2 variety of elements
↑.1 space / level
.1 bar changes
.1 direction change
↑.1 distribution
BEAM / FLOOR
↑.2 variety of elements (acro and dance)
↑.1 balance-acro/dance (quantity and level)
↑.1 acro direction - BB
.1 acro direction - FX
↑.1 levels / distrib - BB
↑.1 use of fx / dist - FX
↑.1 artistry/choreog

EVENT REQ (.2 each)

BARS

- kip
- sup. flight
- clear circle
- handstand
- sup. dismount

BEAM

- dance turn
- acro flight
- dnc/mix series
- acro series
- sup. dismount

FLOOR

Dance

- sup. turn
- dance passage

Acro

- salto w/180°
- 3 acro passes
- sup. dismount

School _____

COMPOSITION	DIFFICULTY 3.0					
BARS	EVENT REQUIREMENTS 1.0					
↑.2 variety of elements ↑.1 space / level .1 bar changes .1 direction change ↑.1 distribution	COMPOSITION 0.6					
	EX / AMP / DYNAMICS 4.6					
	BONUS 0.8 AHS (.2 ea/up to .4)					
	HL BBS (.2)					
	LL BBS (.1 ea/up to .2) 2nd HL BBS (.2) 3rd AHS (.2)					
	Neutral / CJ Deductions					
	SCORE J1					
	J2					
	AVERAGE					
BEAM / FLOOR						
↑.2 variety of elements (acro and dance) ↑.1 balance-acro/dance (quantity and level) ↑.1 acro direction - BB .1 acro direction - FX ↑.1 levels / distrib - BB ↑.1 use of fx / dist - FX ↑.1 artistry/choreog						

EVENT REQ (.2 each)

BARS

- kip
- sup. flight
- clear circle
- handstand
- sup. dismount

BEAM

- dance turn
- acro flight
- dnc/mix series
- acro series
- sup. dismount

FLOOR

- Dance**
- sup. turn
- dance passage
- Acro**
- salto w/180°
- 3 acro passes
- sup. dismount

School _____

B A R S	↑.2 variety of elements	BEAM / FLOOR	↑.1 acro direction - BB	BARS	BEAM	FLOOR
	↑.1 space / level		↑.2 variety of elements (acro and dance)			
	. 1 bar changes	↑.1 balance-acro/dance (quantity and level)	↑.1 levels / distrib			
	. 1 direction change	↑.1 artistry/choreog				
Name						

DIFFICULTY	3.0	_____
EVENT REQ.	1.0	_____
COMPOSITION	0.6	_____
_____	_____	_____
_____	_____	_____
EX / AMP / DYNAMICS	4.6	_____
BONUS	0.8	_____
AHS (.2 ea/up to .4)	_____	_____
HL BBS (.2)	_____	_____
LL BBS (.1 ea, up to .2)	_____	_____
2nd HL BBS (.2)	_____	_____
3rd AHS (.2)	_____	_____
Neutral	_____	_____
Score	J1	_____
CJ Deduction	J2	_____
_____	AVERAGE	_____

B A R S	↑.2 variety of elements	BEAM / FLOOR	↑.1 acro direction - BB	BARS	BEAM	FLOOR
	↑.1 space / level		↑.2 variety of elements (acro and dance)			
	. 1 bar changes	↑.1 balance-acro/dance (quantity and level)	↑.1 levels / distrib			
	. 1 direction change	↑.1 artistry/choreog				
Name						

DIFFICULTY	3.0	_____
EVENT REQ.	1.0	_____
COMPOSITION	0.6	_____
_____	_____	_____
_____	_____	_____
EX / AMP / DYNAMICS	4.6	_____
BONUS	0.8	_____
AHS (.2 ea/up to .4)	_____	_____
HL BBS (.2)	_____	_____
LL BBS (.1 ea, up to .2)	_____	_____
2nd HL BBS (.2)	_____	_____
3rd AHS (.2)	_____	_____
Neutral	_____	_____
Score	J1	_____
CJ Deduction	J2	_____
_____	AVERAGE	_____

B A R S	↑.2 variety of elements	BEAM / FLOOR	↑.1 acro direction - BB	BARS	BEAM	FLOOR
	↑.1 space / level		↑.2 variety of elements (acro and dance)			
	. 1 bar changes	↑.1 balance-acro/dance (quantity and level)	↑.1 levels / distrib			
	. 1 direction change	↑.1 artistry/choreog				
Name						

DIFFICULTY	3.0	_____
EVENT REQ.	1.0	_____
COMPOSITION	0.6	_____
_____	_____	_____
_____	_____	_____
EX / AMP / DYNAMICS	4.6	_____
BONUS	0.8	_____
AHS (.2 ea/up to .4)	_____	_____
HL BBS (.2)	_____	_____
LL BBS (.1 ea, up to .2)	_____	_____
2nd HL BBS (.2)	_____	_____
3rd AHS (.2)	_____	_____
Neutral	_____	_____
Score	J1	_____
CJ Deduction	J2	_____
_____	AVERAGE	_____

EVENT: UB BB FX

SCHOOL:

2024-2026

	C O M P O S I T I O N	BARS	BEAM / FLOOR	EVENT REQUIREMENTS (.2 ea)		Difficulty 3.0 _____ Event Req. 1.0 _____ Composition 0.6 _____ Ex / Amp 4.4 _____ Dynamics .2 _____ Bonus .8 _____ SUBTOTAL _____ NEUTRAL _____ CJ Deduction J1 _____ _____ J2 _____ FINAL SCORE: _____
				B A R S	B E M F L O O R	
Gymnast		↑.2 variety of elements ↑.1 space / level .1 bar changes	↑.2 variety of elements (acro and dance) ↑.1 balance-acro/dance (quantity and level)	kip _____ sup flight _____ clear circle _____ handstand _____ sup dismt _____	dance trn _____ acro flight _____ sup dismt _____ dance/mixed series _____ acro series _____	
Time		.1 direction change ↑.1 distribution	↑.1 acro direction - BB .1 acro direction - FX ↑.1 levels / distrib - BB ↑.1 use of fx / dist - FX ↑.1 artistry/choreog	Dance sup turn _____ dance passage _____ Acro salto w/180° _____ 3 acro passes _____ sup dismt _____	BONUS AHS (.2 ea/up to .4) _____ HL BBS (.2) _____ LL BBS (.1, up to .2) _____ 2nd HL BBS (.2) _____ 3rd AHS (.2) _____	

EVENT: UB BB FX

SCHOOL:

2024-2026

	C O M P O S I T I O N	BARS	BEAM / FLOOR	EVENT REQUIREMENTS (.2 ea)		Difficulty 3.0 _____ Event Req. 1.0 _____ Composition 0.6 _____ Ex / Amp 4.4 _____ Dynamics .2 _____ Bonus .8 _____ SUBTOTAL _____ NEUTRAL _____ CJ Deduction J1 _____ _____ J2 _____ FINAL SCORE: _____
				B A R S	B E M F L O O R	
Gymnast		↑.2 variety of elements ↑.1 space / level .1 bar changes	↑.2 variety of elements (acro and dance) ↑.1 balance-acro/dance (quantity and level)	kip _____ sup flight _____ clear circle _____ handstand _____ sup dismt _____	dance trn _____ acro flight _____ sup dismt _____ dance/mixed series _____ acro series _____	
Time		.1 direction change ↑.1 distribution	↑.1 acro direction - BB .1 acro direction - FX ↑.1 levels / distrib - BB ↑.1 use of fx / dist - FX ↑.1 artistry/choreog	Dance sup turn _____ dance passage _____ Acro salto w/180° _____ 3 acro passes _____ sup dismt _____	BONUS AHS (.2 ea/up to .4) _____ HL BBS (.2) _____ LL BBS (.1, up to .2) _____ 2nd HL BBS (.2) _____ 3rd AHS (.2) _____	

EVENT: UB BB FX

SCHOOL:

2024-2026

	C O M P O S I T I O N	BARS	BEAM / FLOOR	EVENT REQUIREMENTS (.2 ea)		Difficulty 3.0 _____ Event Req. 1.0 _____ Composition 0.6 _____ Ex / Amp 4.4 _____ Dynamics .2 _____ Bonus .8 _____ SUBTOTAL _____ NEUTRAL _____ CJ Deduction J1 _____ _____ J2 _____ FINAL SCORE: _____
				B A R S	B E M F L O O R	
Gymnast		↑.2 variety of elements ↑.1 space / level .1 bar changes	↑.2 variety of elements (acro and dance) ↑.1 balance-acro/dance (quantity and level)	kip _____ sup flight _____ clear circle _____ handstand _____ sup dismt _____	dance trn _____ acro flight _____ sup dismt _____ dance/mixed series _____ acro series _____	
Time		.1 direction change ↑.1 distribution	↑.1 acro direction - BB .1 acro direction - FX ↑.1 levels / distrib - BB ↑.1 use of fx / dist - FX ↑.1 artistry/choreog	Dance sup turn _____ dance passage _____ Acro salto w/180° _____ 3 acro passes _____ sup dismt _____	BONUS AHS (.2 ea/up to .4) _____ HL BBS (.2) _____ LL BBS (.1, up to .2) _____ 2nd HL BBS (.2) _____ 3rd AHS (.2) _____	