

Rule 7-2-21
7-2-42
Rule 7-1-5g
7-1-5u
ILLEGAL



#1. Set-up: From mat, **Wrestler B** over the neck and under the armpit of **Wrestler A** and locks hands

#2. Wrestler B snaps down and vices forearms together which creates pressure against throat and side of neck (carotid artery)



Note: Head official should move in and drop their level to check throat/neck. Stop for potentially dangerous sooner than later.



#3. Wrestler B pulls **Wrestlers A's** head down, stop immediately, for **ILLEGAL** and penalize for hold .

#4. If Wrestler B turns **Wrestler A** to his back this will be an **ILLEGAL** choke with pressure against throat-**Stop immediately and penalize accordingly.**

