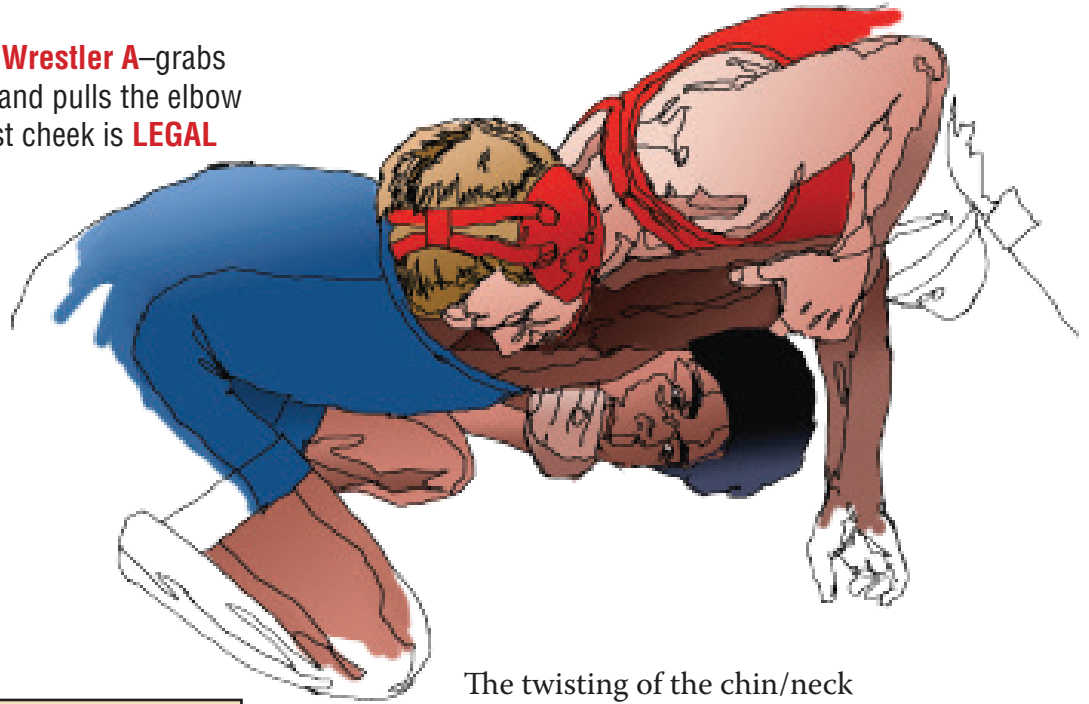


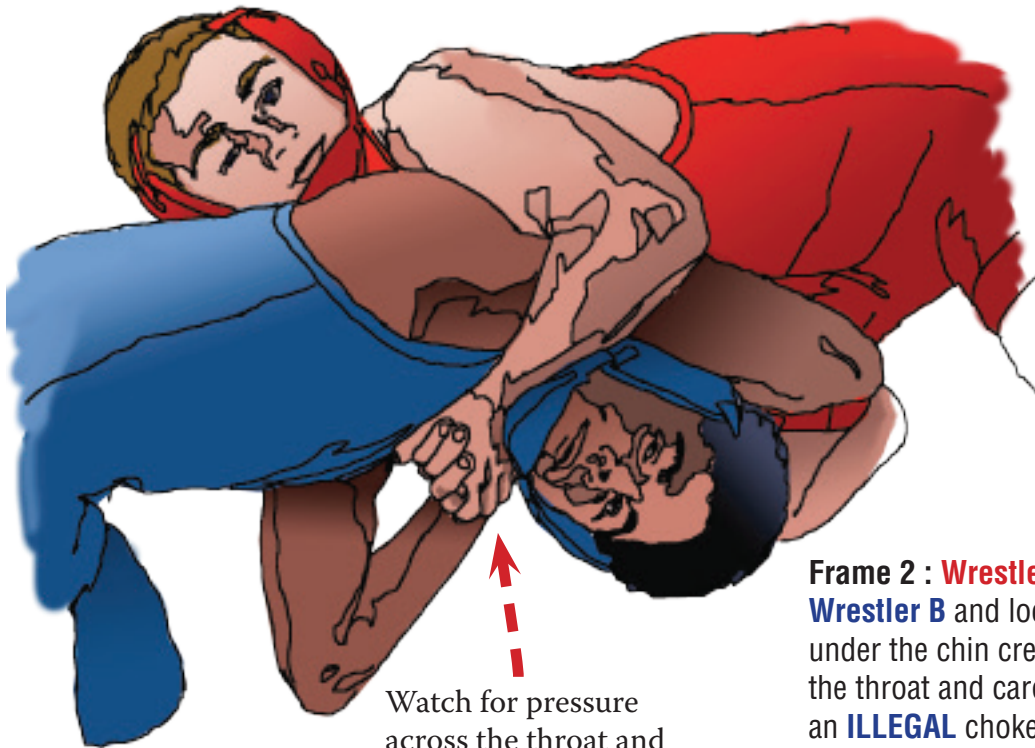
Front Head lock- Choke Hold—Illegal

Frame 1: From the front **Wrestler A**—grabs **Wrestler B's** cheek/chin and pulls the elbow up to trap the arm against cheek is **LEGAL**



The twisting of the chin/neck is an **ILLEGAL** neck wrench

NOTE: Official needs to lower their levels to see up under wrestler throat.



Watch for pressure across the throat and side of neck.

Frame 2 : **Wrestler A** releases the arm of **Wrestler B** and locks his hands at, and under the chin creating direct pressure on the throat and carotid artery and making this an **ILLEGAL** choke hold, stop and penalize.