

From neutral position Wrestler "A" takes Wrestler "B" to the mat, hand(s) are point(s) of contact. Signal and clearly call out "take down 3" or "reversal 2". Wrestler "A" has reaction time, to release clasped hands. Rule:5-25-1 and 2.



NOTE: Wrestler "A" uses a cross palm grip, if not released beyond reaction time penalize and award point(s) Technical Violation (TV).

Wrestler "B"s hands are a supporting point making Wrestler "B" a defensive wrestler. Wrestler "A" completed a takedown or reversal and has reaction time to release clasped hands. (TV)



NOTE: Wrestler "A" uses a cross palm grip, if not released beyond reaction time penalize and award point(s). (TV).

Wrestler "B"s hand is a supporting point making Wrestler "B"a defensive wrestler. Wrestler "A" completed a takedown or reversal and has reaction time to release clasped hands. (TV)